

**HEALTH EDUCATION**  
Expectations from treatment  
Medicated shampoo such as  
Capasal, Ceanel, leave on for ten mins before rinsing off

**IN ADDITION**

**Fine scale no plaques**



Calcipotriol scalp lotion



Consider differential diagnosis of Seborrhoeic Capitis



Selsun Shampoo (selenium sulphide 2.5%)

**Widespread scale with inflammation**



Etrivex shampoo  
Clobetasol propionate  
500micrograms/g  
Use 3 x weekly or daily for first few weeks depending on severity (applied to dry hair and left on for 15 minutes before rinsing off)



If no improvement, consider one of the more traditional steroid scalp applications.  
Diprosalic scalp lotion (ideal if there is lots of scale)  
Synalar gel or Locoid crelo (more moisturising) use daily

**Widespread thick scale with inflammation**



Use a descaler such as sebco ointment. Use daily for seven days leave on overnight and wash out with a medicated shampoo then use on a PRN basis. Patient may need to use an old pillow case or a shower cap to protect bedding. Followed by a steroid application eg, Synalar gel or locoid crelo in the morning



**If no improvement in addition consider one of the more traditional steroid scalp application**

**Thick scaly well defined plaques**



Dovobet gel (Calcipotriol/betamethasone dipropionate) use daily at first then PRN



**If no improvement consider one of the more traditional steroid scalp application or Synalar gel**

